Systematic: use light green paperboard to all pieces regarding "day off the week". If you produce more sets of this one, then avoid mix-ups by e.g. drawing a short line under a word in the centre of every small triangle (before laminating): Set one: draw line under "Day". Set two: draw line under "of" etc. Minimize produce time: Be sure that your laminator works with 150-175 micron while laminating paperboard, then you don't have to laminate again after cutting. If you use a paper-cutter then cut horizontal first. The Distance between most of the small triangles are set to fit with a cut in the middle. Practice cutting skills, with cutting a copy on normal paper.

