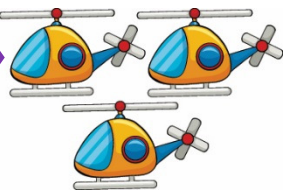


**BEGIN  
HERE**

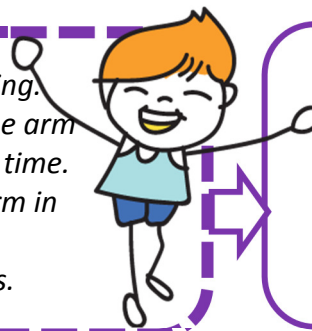
**How many?**



**What is this?**



*Standing.  
Lift one arm  
at the time.  
The arm in  
level.  
10 lifts.*



**What is this?**

**P**

**What is this?**



**What is this?**



**What is this?**

**O**

**What is this?**



## Preschool, level 1b

2-3 players and a dice. Roll the dice. The player with the highest number, solves the next square. Roll dice again to decide who solves square number 2 etc. Every square is only solved once.

### More ideas:

Show the number with your fingers. How does the number look? What is the thing "in the square" used for? To what can the letter be used? Which sound or letter does the word begin with?

All players do all exercises.

**How many?**



**What is this?**

**M**

**What is this?**



*Have a great time.*

**4 rounds**

*3 claps  
in hands  
3 claps on  
thighs  
3 stamps with feet*



**How many?**



**What is this?**

**Y**

**What is this?**



**How many?**



*Jump on  
one leg.*

*10 jumps  
on each leg.*



**THE END**

**How many?**

